



South African Institute for

**DRUG-FREE SPORT**

10 July 2009

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Dear Nicholas,

**SAMPLE NUMBER 1837111**

The South African Institute for Drug-Free Sport collected a sample from you (sample number 1837111) on the 24 May 2009. We are pleased to inform you that the result of this sample has been reported by the laboratory as negative for the substances and methods tested.

Please remember it is your responsibility to:

- Check the status of all medications prior to use
- Know the rules of your sport
- Complete the required Therapeutic Use Exemption and Declaration of Medication forms should you require doing so
- Update your whereabouts details as changes occur in your training and competition programmes

We would like to thank you for your cooperation and support of the South African Institute's effort to ensure a drug-free playing field for all athletes.

Please feel free to contact the Institute with any queries or questions you may have at 021 761 8034 (office), 082 4998756 (cellular) or via email at [fahmy@drugfreesport.org.za](mailto:fahmy@drugfreesport.org.za)

Yours sincerely

Fahmy Galant  
Doping Control Manager