



## CURRICULUM VITAE: VINCENT SENG

### PERSONAL DETAILS

**SURNAME:** Seng  
**FIRST NAMES:** Hlasa Vincent  
**DATE OF BIRTH:** 05 June 1981  
**IDENTITY NUMBER:** 8106055617085  
**GENDER:** Male  
**NATIONALITY:** South African  
**SPECIALITY:** Standard marathon

### PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Race / Place</u>	<u>Year</u>
10km	00:28:30	People's Race	2006
21,1km	01:06:05	Nedbank S.A. Championships	2009
42,2km	02:17:29	Nedbank Cape Town Marathon	2009

### SELECTED RECENT PERFORMANCES

#### PERSONAL PERFORMANCES 2006

2006 Nedbank Joburg Marathon, 5<sup>th</sup>, 02:19:51

#### PERSONAL PERFORMANCES 2007

2007 Mielie Marathon, 1<sup>st</sup>, 02:27:07

#### PERSONAL PERFORMANCES 2008

2008 Alberton Night Race, 3<sup>rd</sup>, 30:12  
 2008 Randburg Harriers 21,1km, 1<sup>st</sup>, 01:10:13

#### PERSONAL PERFORMANCES 2009

2009 Nedbank Cape Town Marathon, 6<sup>th</sup>, 02:17:29  
 2009 Nedbank S.A. 21,1km Championships, 01:06:05



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#### NEDBANK GROUP SPONSORSHIPS

Nedbank Running Club - Administrative Head Office Tel: (012) 541 0577 Fax: (012) 541 3752 Website: [www.nedbankrunningclub.co.za](http://www.nedbankrunningclub.co.za)

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