

**Time Trial – 2010/08/31****8km**

<b>POS</b>	<b>NAME</b>	<b>CLUB</b>	<b>LIC.NO</b>	<b>R.NO</b>	<b>SEX</b>	<b>AGE</b>	<b>HMS</b>
1	RIAN	KOCK	NEDBANK RC	1566	1	M	40 0.33.10
2	STEPHAN	BOTHA	NEDBANK RC	1457	2	M	41 0.33.10
3	DIVAN	PRETORIUS	NMMU A C	2197	3	M	22 0.38.38
4	WERNER	MEYER	SAP M C EP	795	4	M	37 0.40.38
5	JOHAN	FERREIRA	SAP M C EP	781	5	M	48 0.40.39
6	TERRAY	NEWCOMBE	NEDBANK RC	1462	6	F	19 0.43.57
7	ELAINE	KOCK	NEDBANK RC	1567	7	F	41 0.45.05
8	LEANA	BERG	NEDBANK RC	1551	8	F	41 0.45.05
9	TOYS	WATSON	NEDBANK RC	1440	9	M	43 0.45.05
10	JANNIE	VAN GREUNEN	NEDBANK RC	1480	10	M	54 0.45.05
11	YOLANDE	WATSON	NEDBANK RC	1515	11	F	48 0.45.05
12	SCHOOMBEE	PRETORIUS	TRIANGLE SPORTS	1699	13	M	53 0.46.30
13	RIAN	SMALBERGER	NEDBANK RC	1490	14	M	55 0.46.30
14	RIAN	OLIVIER	NEDBANK RC	1485	15	M	39 0.47.00
15	ANTON	SMIT	TEMP	6001	16	M	40 0.47.00
16	CHARL	GRIESEL	NEDBANK RC	1558	17	M	46 0.47.00
17	JULIANA	VAN EYK	NEDBANK RC	1445	18	F	53 1.00.00
18	MONICA	BEZUIDENHOUT	NEDBANK RC	2342	19	F	56 1.05.00

**4km**

1	FRIKKIE	BOSHOFF	NEDBANK RC	1517	20	M	30 0.16.30
2	MARI	NEL	NEDBANK RC	1588	21	F	25 0.24.00
3	MEGAN	VAN RENSBURG	NEDBANK RC	1605	22	F	25 0.24.00
4	IAN	FORSTER	NEDBANK RC	1589	26	M	35 0.24.00
5	ODETTE	OLIVIER	NEDBANK RC	1543	23	F	40 0.25.00
6	JOY	BEZUIDENHOUT	NEDBANK RC	24	24	F	44 0.35.20
7	SAM	ERASMUS	NEDBANK RC	1524	25	M	52 0.35.20