



**CURRICULUM VITAE: SIBUSISO NZIMA**

**PERSONAL DETAILS**

**SURNAME:** Nzima  
**FIRST NAME:** Sibusiso  
**DATE OF BIRTH:** 23 November 1986  
**IDENTITY NUMBER:** 8611235224082  
**GENDER:** Male  
**NATIONALITY:** South African  
**SPECIALITY:** 1500m – 5000m / 10km / Cross Country

**PERSONAL BEST TIMES**

<b><u>Distance</u></b>	<b><u>Time</u></b>	<b><u>Race / Place</u></b>	<b><u>Year</u></b>
1500m	00:03:46	Ruimsig	2009
3000m	00:08:17	Yellow Pages, Pretoria	2009
5000m	00:13:43	Yellow Pages, Port Elizabeth	2009
5km	00:13:58	Bedfordview	2009
10km	00:28:13	Petro SA, Mossel Bay	2009
15km	00:44:20	Port Elizabeth	2009
21,1km	01:02:34	Nedbank S.A. Championships	2009

**SELECTED RECENT PERFORMANCES** (international events in bold; \* = S.A. title)

**PERSONAL PERFORMANCES 2008**

\*2008 S.A. 10km Championships, 1<sup>st</sup>, 28:52

**PERSONAL PERFORMANCES 2009**

2009 Nedbank 10km, Cape Town, 1<sup>st</sup>, 29:18  
\*2009 S.A. Cross Country Championships 12km, Pretoria, 1<sup>st</sup>  
2009 Nedbank 10km, Durban, 4<sup>th</sup>, 28:44  
2009 Petro S.A. 10km, 2<sup>nd</sup>, 28:13  
2009 Nedbank S.A. 10km Championships, 8<sup>th</sup>, 28:59  
2009 Nedbank S.A. 21,1km Championships, 01:02:34  
2009 Yellow Pages 5000m, Durban, 2<sup>nd</sup>, 13:44  
2009 Yellow Pages 5000m, P.E., 3<sup>rd</sup>, 13:43  
2009 World Cross Country Championships 12km, 95<sup>th</sup>  
2009 Southern Region XC Championships 12km, Mauritius, 4<sup>th</sup>  
2009 Southern Region T & F Championships 5000m, Botswana, 14:07



**NEDBANK**

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