



CURRICULUM VITAE: MPH0 MABUZA

PERSONAL INFORMATION

SURNAME: Mabuza
FIRST NAMES: Jennifer Mpho
DATE OF BIRTH: 03 November 1979
IDENTITY NUMBER: 7911030270087
GENDER: Female
NATIONALITY: South African
SPECIALITY: Standard marathon

PERSONAL BEST TIMES

<u>Distance</u>	<u>Time</u>	<u>Race / Place</u>	<u>Year</u>
10 000m	00:34:31	S.A. T & F Championships	2009
10km	00:36:22	Nedbank S.A. Championships	2008
21,1km	01:17:20	Nedbank S.A. Championships	2009
42,2km	02:45:59	Nedbank Cape Town Marathon	2008

SELECTED RECENT PERFORMANCES (International events in bold; * = S.A. title)

PERSONAL PERFORMANCES 2008

2008 Nedbank S.A. Marathon Championships, 5th (3rd S.A.), 02:47:53
 2008 Nedbank Cape Town Marathon, 5th, 02:45:59
 2008 Nedbank S.A. 10km Championships, 36:22
 2008 RAC Tough One 32km, 2nd, 02:10:33
 *2008 S.A. T & F Championships 10 000m, 1st, 36:16

PERSONAL PERFORMANCES 2009

2009 Nedbank Cape Town Marathon, 4th, 02:47:47
 2009 Nedbank S.A. Marathon Championships, 5th, (2nd S.A.), 02:48:45
 2009 Nedbank S.A. 21,1km Championships, 01:17:20
 2009 Foskor 21,1km, 6th, 01:19:10
 2009 Mauritius International Marathon, 1st, 02:53:31
 2009 Yellow Pages 3000m, Germiston, 4th, 10:15
 2009 S.A. T & F Championships 10 000m, 2nd, 34:31



NEDBANK

NEDBANK GROUP SPONSORSHIPS

Nedbank Running Club - Administrative Head Office Tel: (012) 541 0577 Fax: (012) 541 3752 Website: www.nedbankrunningclub.co.za

A Member of the OLD MUTUAL Group